

## Visiting the Outpatient Department

The nurses station is the central point of the Outpatient Department where appointments are made and other information are given.

Visitors must always stop by the nurses' station to verify their appointment and/or register before proceeding to the specialists' office unless specified otherwise.

All specialists (besides Pediatrician, Dr. Of-fringa) are working with appointments. When you visit the specialists make sure that you made a follow up appointment if needed.

The nurses station at the Outpatient Department is open from 7:30 am to 5:00 pm.

## Documentation

Patients are required to have the following documents with them when they visit the doctor:

- ◆ identification card,
- ◆ proof of valid insurance
- ◆ valid referral letter for the specialist.

Depending on your insurance provider, you will need a new referral every 6 months if you continue to see the specialist.

## Contact information

### St. Maarten Medical Center

#### Outpatient department

Welgelegen Road 30

Cay Hill

St. Maarten

Tel: +1 (721) 543-1111 ext 1300, 1310

Fax: + 1 (721) 543-0116

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Web: [www.smmc.sx](http://www.smmc.sx)



St. Maarten Medical Center



**SAFETY**

**HEALTH**

**SATISFACTION**

*The pillars defining our quality care*

**Outpatient Services  
For Students**

*We Care!*

## Outpatient Department

In the Outpatient department the doctor sees and treats patients in his/hers polyclinic without the need for a stay in the hospital, this is also called ambulatory care.

In the department, there are also offices that provide diagnostic services for the general practitioner and specialists.

Chemotherapy and Blood Bank services are also part of the Outpatient Department.

## Nursing in the Outpatient Clinic

Nurses work in the different clinics in the outpatient department.

They ensure the smooth running of the clinics by working closely with the doctors and patients. Their work includes:

- ◆ Administrative work, including filing
- ◆ Weighing and measuring the child
- ◆ Assist with admission to the ward
- ◆ Assisting with dressing wounds.



Staff at the outpatient department.

## Medical Specialties

Medical specialties are branches of medicine science. At the SMMC we have several medical specialties in our outpatient department. For some specialties the doctors (specialists) rotate in their visits to our hospital.

Some specialists have their own private offices outside of the hospital but they work in close cooperation with SMMC.

In our department, we have the service of midwives. They are not doctors but they are specialist in childbirth and post-partum care.

You can see the office hours and contact information of the specialists and midwives when you visit our website at [www.smmc.sx](http://www.smmc.sx).

**Below is a list of our medical services:**

- ◆ Anesthesiology
- ◆ Cardiology
- ◆ Dermatology
- ◆ General Surgery
- ◆ Internal Medicine
  - ◆ Gastroenterology
  - ◆ Oncology
- ◆ Midwifery
- ◆ Obstetrics/Gynecology
- ◆ Ophthalmology
- ◆ Orthopedic Surgery
- ◆ Otolaryngology (ENT)
- ◆ Pediatrics
- ◆ Psychology
- ◆ Radiology

## Services given in the Outpatient Clinic

- ◆ Endoscopic procedures: gastroscopy, sigmoidoscopy and colonoscopy.
- ◆ Diagnostic procedures: Echo cardiogram, Electrocardiogram (ECG), Holter monitoring, 24 Hours blood pressure monitor (ABPM), stresstest (Ergometry) and lung function tests (spirometry).
- ◆ Chemotherapy: at the moment this service is given in the daycare clinic and/or in the inpatient setting (on the ward).
- ◆ Blood Bank: Blood Bank Services are concentrated around inpatient care only.

## The Pediatrician Office

Children from newborn to 18 years are welcomed at the pediatrician office.

The following things are done at the pediatrician office.:

- ◆ First check up for newborns
- ◆ Follow-up check-up every 2-3 months
- ◆ Follow-up check-up after discharge from the hospital
- ◆ Vaccination program according to schedule
- ◆ All illness related to children up to 18 years